

I am the vine, you are the branches

The Dallas Area Metroplex North Conference (DAMN) of the NTNL Synodical Women's Organization is holding their annual Women's Retreat on **April 22, 2023**, with guest speaker Rev Erin Swenson-Reinhold.

When April 22, 2023 8:30 a.m.–3:00 p.m.
 Location St. Luke's Lutheran Church, 1210 W. Belt Line Rd, Richardson, TX 75080
 Cost Early Bird ends 3/3/23 - \$20 **Registration deadline 3/31/23- \$25** At the door \$30
 make checks payable to **Women of St. Luke's Lutheran Church**, includes lunch and childcare (see below)
 Scholarships are available if needed. **Early Bird registration includes free Thrivent T-Shirt.**

8:30 – 9:00 Registration, continental breakfast
 9:00 - 9:15 Welcome, Introductions, Bible verse
 9:15 – 9:45 Worship Service with Communion / freewill offering
 9:45 - 10:00 Break
 10:00 – 11:00 Bullet Journaling with Bobby Sinclair
<https://www.101planners.com/printable-bullet-journal/>
 11:00 - 11:15 Break
 11:15 – 12:00 Chair Yoga with Jenny Alterman
 12:00 – 1:00 Prayer/Lunch and Networking – Drawing/Booths, MEF
 1:00 - 1:45 Guest speaker: Rev. Erin Swenson-Reinhold
 1:45 - 2:00 Break
 2:00 – 2:45 Plants of the Bible with Edie Fife, Master Gardner
 2:45 – 3:00 Closing Remarks/Adjourn

SERRV and Free Trade Products!

We will be offering SERRV and Free Trade products. 10% of the income will go towards WELCA scholarships for future retreats. Visit <https://www.serrv.org/> to view items or make specific requests to jwinge@aol.com by 2/23/23.

Need a Shirt?

Get your Dallas Area MetroPlex North (DAMN) Conference T-Shirt for \$20

Service Project

Please bring personal care products for Hope's Door in Plano (see <https://hdnbc.org/donate-items> for the complete list)

Please mail completed form and check by March 31st to:

Pam Grosze
 2600 Ash Drive
 St. Paul, TX 75098

Questions?

Call 918-978-4046 Email pgrosze@tx.rr.com.
 Forms can be emailed to this address also.

Registration Information

Name	
Street Address	
City / ST / ZIP Code	
Phone	
E-Mail Address	
Home Church	
Special Dietary Needs / Restrictions?	

Childcare Information

Childcare is available for the event for children ages 3-10, at no additional cost. You will need to provide a lunch for each child. Please respond if childcare is needed – **no "walk-in" childcare will be provided. Registration must be submitted by March 31st.**

Childcare Needed?	Number of Children	Ages of Children